

Building Reconciliation Through Undergraduate Education: Developing KIN 398.3 Indigenous Wellness

College of Kinesiology, University of Saskatchewan

Context

The College of Kinesiology's ongoing undergraduate curriculum review includes the recommended action of developing a kinesiology designated course on Indigenous health and physical activity that is built into the curriculum. In addition to embracing Indigenizing within the University of Saskatchewan, this course will contribute to citizenship goals of kinesiology undergraduates.

Dr. Leah Ferguson is leading the development of this course.

Evolving Course Details

- Third year undergraduate course for students in the College of Kinesiology
- Term 1 of the 2017/2018 academic year
- Learning outcomes:
By the end of KIN 398.3, students are expected to
 - ✓ Integrate historical and contemporary knowledge and practices about Indigenous wellness.
 - ✓ Critically examine ways to respond to the Truth and Reconciliation Commission of Canada Calls to Action as growing professionals in areas related to education, health, and sport.
 - ✓ Develop and display awareness for Indigenous wellness.
- Include Indigenous ways of learning
 - E.g., sharing circles, storytelling, oral history, ceremony
- Course assignment involving ceremony and oral storytelling
- Invited guests for key learning areas

Course Framework



Campus and Community Support

Ongoing course development involves many individuals and units:

- Susan Bens, Program and Curriculum Development Specialist
- Gwenna Moss Centre for Teaching Effectiveness
- Indigenous and non-Indigenous researchers in the area of Indigenous health
 - University of Winnipeg, University of Saskatchewan, University of Regina, University of Alberta, University of British Columbia
- Graeme Joseph, Team Leader, First Nations, Métis and Inuit Student Success
- Gordon Oakes Red Bear Student Centre
- Saskatoon community members

How it Builds Reconciliation

- Engage in critical reflection on the colonial history of Indigenous peoples in Canada
- Increase understanding of Indigenous knowledge and practices (histories, teachings, ceremonies)
- Develop awareness and work to promote and support Indigenous well-being as growing professionals in sport, health, and education fields

Contact information

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